

how he buttons his shirt etc.

III) DISORDERS OF BODY IMAGE

Body image can be defined as a visual and mental image of one's body that includes feelings about one's body especially in relation to health and disease. A normal individual is able to tell where each part of his body is and where it lies in relation to surrounding objects. But there are situations when the normal appreciation of the shape, size and position of one or other part of the body is disturbed, sometimes to such an extent that if the patient remains unaware of the part and may even deny the fact that it is the part of his own body.

METHOD OF TESTING

- a) Ask the patient first that whether he knows which is his right and left hand and leg.
- b) Then ask him to point different major parts of his own body according to therapist's commands.
- c) The therapist then can ask him to point the ring finger of his left hand, the forefinger of his right hand, to point the little toe etc, making the test a little bit more complex.
- d) Make this more difficult by asking him to point out individual digits of therapist's hands etc.
- e) Observe during general examination whether he is aware of his disability or not.